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tor, Trauma Resolution Integration  
Program

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Medical Advisor, Helix Behavioral  
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Co-chief, Dept. of Psychiatry, Union  
Memorial Hospital;  
Clinical Professor, University of Mary-  
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Assistant Vice President, Marketing &  
Creative Services, University of Mary-  
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CommunityWorks

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Mental Health Educator and Con-  
sumer/Survivor Advocate

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Sheppard Pratt Health Systems;  
Clinical Professor, University of Mary-  
land School of Medicine

**Frank Putnam, M.D.**  
Director, Mayerson Center for Safe  
and Healthy Children, Cincinnati Chil-  
dren's Hospital

**Mary Beth Williams, Ph.D.**  
LCSW, Certified Trauma Specialist;  
Director, Trauma Recovery Education  
and Counseling Center

# Dear Friends of Sidran Institute:

2007-8 was notable for record breaking perform-  
ances and "firsts":

## Notable Achievements

- Completed a survey on Adverse Childhood Experiences in the Baltimore Jewish Community
- Recorded and Published our first audiobook: Koch, *27 Secrets to Raising Amazing Children*
- Sidran's Help Desk recorded 2288 direct calls and email requests for resources
- Volunteers contributed over 1300 staff hours
- *Wisdom of the Five Messengers* and *Back from the Front* were recognized as finalists in the USA Book News Best Book Awards
- *27 Secrets to Raising Amazing Children* was awarded silver medal status in the Mom's Choice Book Awards

## Resource Development

- Ten years of articles were indexed and made into a searchable PDF database
- We continued updating our database of resources and verified 400 current and added 200 new listings—especially expanding our focus on military and domestic violence
- We revitalized Healing Self Injury website ([www.healingselfinjury.org](http://www.healingselfinjury.org)) to replace *The Cutting Edge* mailing. Now includes blog.

## New Endeavors

- Introducing Sidran Speakers training bureau ([www.sidranspeakers.com](http://www.sidranspeakers.com))
- Streamlining Risking Connection curriculum to be taught to additional audiences
- Developing Risking Connection® for primary care with grant from NIH.
- Partnering with Baltimore City Schools in parenting training using *27 Secrets to Raising Amazing Children*, by Molly Brown Koch

## Goals for 2008-2009

- Bringing the Risking Connection curriculum to LGBT and HIV/AIDS populations
- Completion of 2nd edition of *Growing Beyond Survival*, by Elizabeth Vermilyea

We thank you for sustaining our efforts to provide relational support for trauma survivors and those who help them toward recovery. Please consider a donation to help us continue our work.

**Esther Giller**  
President

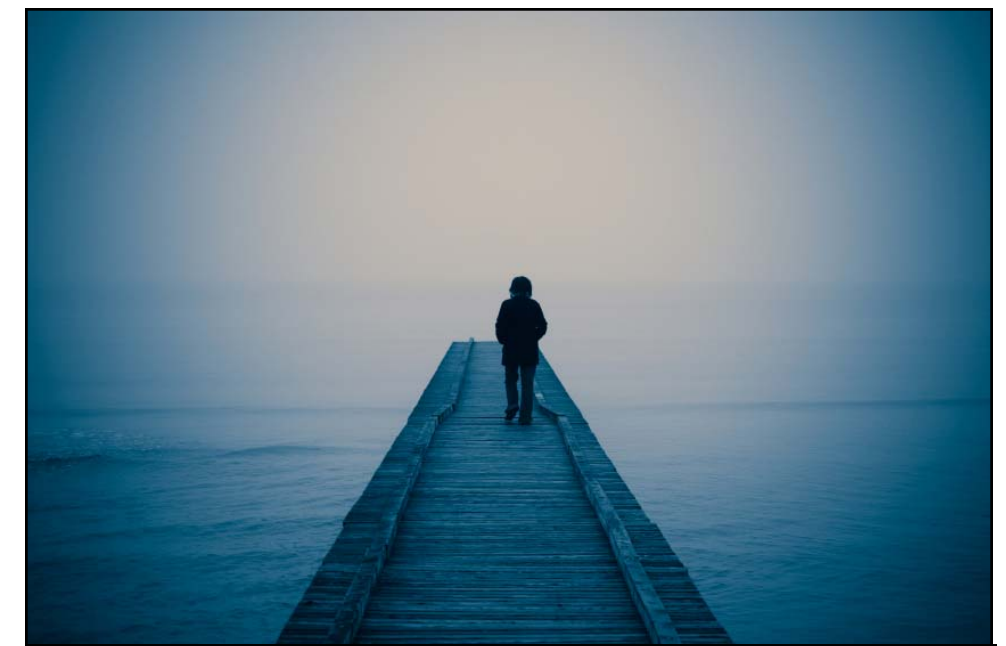


Help us serve survivors of trauma

You can support the work we do by making a donation to Sidran. All gifts, large and small, are welcome and go to foster healing of trauma. Donate online at [www.sidran.org](http://www.sidran.org) or send a check to the address below. To discuss estate planning, contact Cindy @Sidran.org



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Help us serve survivors of trauma

# Sidran Institute

Traumatic Stress Education & Advocacy

2007–2008 Annual Report

Our Mission: To help people understand, heal from, and treat traumatic stress

## Training and Consulting

Risking Connection® continues to grow and thrive:

- We now have a group of facilitators from various religious and spiritual traditions who are available to lead *Risking Connection in Faith Communities* workshops.
- Through our ongoing relationship with TREATI and Klingberg Family Centers, RC learning opportunities are specialized for child-serving mental health and juvenile justice organizations.
- Coming very soon, we will have specialist facilitators ready to teach Risking Connection to people working in settings addressing domestic violence, primary care, LGBT, and HIV/AIDS populations.



[www.riskingconnection.com](http://www.riskingconnection.com)

### Training Provided in 7 States

**“This program was so much more than I expected—more theory, more understanding, more compassion—much more than just techniques. A whole new way of looking at things! You can teach an old dog new tricks!”—Kelly J. Burke**

### Collaborative Projects

- Sponsored an online survey in collaboration with Towson University professor Bethany Brand, Ph.D., to assess the extent of abuse in the Baltimore Jewish community and the response to it.
- Sponsored healing groups for men and women
- Led collaboration of 29 organizations and numerous individuals in the Shofar Coalition



**“Responding to general concern about reported incidents of alleged sexual abuse amongst the clergy — in the *Baltimore Jewish Times* and other publications in recent years — the Shofar Coalition last week convened area rabbis to guide them in better working with sexual abuse survivors. . . .” *Baltimore Jewish Times***

### Resources

**“I just wanted to thank the loved one who catapulted this wonderful resource [www.sidran.org] that exists. I have searched high and low for information specifically around trauma; simple and complex, and am genuinely grateful for the efforts Sidran has pulled together for not only their loved one, but also facilitating education, awareness, and recovery for those of us that have experienced trauma.**

**I saw a story on my local TV station. . . in Cranston, RI. It was about trauma and I found the story of Ann [Jennings] with a search. It was an amazing story, but somehow I wasn't too surprised at the treatment of the patient. I thank her for the story and you for the great web site. —Tom Deighan**

**“Reading the information on the website was so validating I cried! Finally, someone out there understands what trauma looks like and that it doesn't exist in a vacuum but in the context of many or several experiences. You guys have been able to accomplish what the government websites could not, and for this I sincerely thank you.” —Marcia A. Sandifer**



### Our Staff:

**Esther Giller**  
PRESIDENT & CEO

**Tracy Howard**  
PRODUCT SALES MANAGER

**Mary Lou Kenney**  
PUBLICATIONS & MARKETING MANAGER

**Ruta Mazelis**  
EDITOR/THE CUTTING EDGE & TRAINER

**Stephanie Muszeliak**  
ACCOUNTANT

**Elizabeth Power**  
CONSULTANT, ADULT EDUCATION & EVALUATION

**Debra Snow**  
DIRECTOR, TRAUMA RESOURCES

**Sarah Stockbridge**  
TRAUMA RESOURCE SPECIALIST

**Elaine R. Witman**  
DIRECTOR, SHOFAR COALITION

### Our Volunteers:

<b>Tania</b>	<b>Mary</b>
<b>Shannon</b>	<b>Stuart</b>
<b>Sarah</b>	<b>Ariela</b>
<b>Raymond</b>	<b>Yacov</b>
<b>Amanda</b>	<b>Judy</b>
<b>Stacy</b>	<b>Warren</b>
<b>Jennifer</b>	<b>Aviva</b>

### Pro Bono Work

Venable LLP

## Statement of Activities for the Last Available Twelve Months

### Revenues & Other Support

Contributions	254,380
Contributed services	51,351
Sales of books & educational products	197,334
Consulting & training services	56,840
Interest	1,053
Grants	174,412

**Total Revenues & Other Support 735,370**

### Expenses

Program services	681,413
Supporting services:	
Management & general	45,162
Development	8,417

**Total Expenses 734,992**

**Change in net assets 378**

**Net assets at beginning of period 226,647**

**Net assets at the end of period 227,025**

### Individual Contributors

E. Adler	L. Jessop	S. Panossian
C. Barry	P. Johnson	G. Phillips
S. Bressi	M. Kenney	A. Polt
P. Brooks	M. Koch	R. Sayner
D. Browne	E. Krieger	D. Shaffer
M. Cabrera	M. Lambert	B. Snow
R. Collins	B. Lamparska	S. Storey
S. Fisher	R. Lax	B. Wahlert
L. Gilbert	M. Lew	D. Weinberg
E. Giller	R. Loewenstein	C. Whitfield
S. Giller	B. Mascaro	L. Wolff
D. Goldmeier	R. Nettles	S. Zakar
C. Hale	K. Nottingham	
C. Hendricks	V. Oskvarek	

### Organizational Contributions

Combined Federal Campaign	Sparks Elementary School
Clements-Gear	Trauma Recovery Association
Multiverse	United Way

### Grants & Funding Support

The Jacob & Hilda Blaustein Foundation • Ben & Esther Rosenbloom Foundation Inc. • Kate Sidran Family Foundation • The Aaron Straus & Lillie Straus Foundation Inc. • Harry & Jeanette Weinberg Foundation Inc. • U.S. Department of Health and Human Services, Substance Abuse and Mental Health Services Administration

## Where the Money Comes From:

**34%**  
Contributions

**27%**  
Sales of books & educational products

**24%**  
Grants

**8%**  
Consulting & training services

**7%**  
Contributed rent & services

## Where the Money Goes:

**93%**  
Program services

**6%**  
Management & general

**1%**  
Fundraising



### Who We Serve

